



## **WHAT IS IN FMT THAT HELPS CURE DISEASES?**

ARI GRINSPAN: I don't have a good answer for this question, but it is a very, very important question that you ask. We just don't know.

We have theories that it's all about taking somebody's healthy gut microbiome, transferring it to another person to "re-poop-ulate" their gut microbiota. But there's also data to suggest that the bacteria themselves may not be that important. It's something else that's in this soup. We just don't really know what it is yet, and that is something that we are actively researching at this time.